Know the FACTS

Food allergies affect approximately 32 million Americans, including 6 million children and up to 1 in 10 adults.

Trace amounts of any allergen can trigger a severe reaction.

Anaphylaxis is a serious allergic reaction that comes on quickly and has the potential to become life-threatening.

Managing a food allergy is life-altering and involves constant vigilance.

9-1-1 must ALWAYS be called with every anaphylactic reaction.

There is no cure for food allergies. Strict avoidance is the only way to prevent an allergic reaction.

Always carry two epinephrine auto-injectors at all times.

FAACT’s mission is to educate, advocate, and raise awareness for all individuals and families affected by food allergies and life-threatening anaphylaxis.

PEANUTS, TREE NUTS, MILK, EGGS, WHEAT, SOY, FISH, SHELLFISH, SESAME

Nine foods account for 90% of all food allergy reactions.

The Voice of Food Allergy Awareness