



FAACT'S SEVENTH ANNUAL TEEN RETREAT
OAK BROOK, ILLINOIS
OCTOBER 28-30, 2022
TEEN SCHEDULE

FRIDAY, OCTOBER 28, 2022		
TIME	TEEN SCHEDULE - MEET IN HYATT LODGE LOBBY	
9:45AM	MEET IN HYATT LODGE LOBBY for DAY ACTIVITY for TEENS & PARENTS/CAREGIVERS	
10:00AM - 4:00PM	Shuttle to Oak Brook Shopping Center: Shopping, Dining, & Socializing; Group Lunch at Maggiano's	
TIME	TEEN SCHEDULE - HYATT LODGE CONFERENCE CENTER: ROOM 264 A & B	
6:30PM - 7:00PM	CHECK-IN at REGISTRATION	
7:00PM - 7:15PM	Welcome - Eleanor Garrow-Holding, FAACT President & CEO	
7:15PM - 8:15PM	Keynote Speaker: Dewayne Hill, Magician & Comedian	
8:15PM - 8:30PM	Walk Teens to the Teen Social	
8:30PM - 10:30PM	<i>Teen's Social Gathering: Hyatt Lodge Conference Center - Room 134/136</i>	
	<i>Parent/Caregiver Meet & Greet: Hyatt Lodge Conference Center - Room 248 A/B</i>	
SATURDAY, OCTOBER 29, 2022		
TIME	TEEN SCHEDULE - HYATT LODGE CONFERENCE CENTER: ROOM 248 A & B	
8:45AM - 9:00AM	CHECK-IN	
9:00AM - 9:15AM	Ice Breakers - Jonathan Barnhart & Ella Luiskutty, FAACT Teen Leaders	
9:15AM - 10:00AM	Living Healthy, Mentally & Physically, with Food Allergies & Group Activity: Ashley Ramos, Ph.D.	
10:00AM - 10:30AM	Traveling Abroad with Food Allergies: Ella Luiskutty, Teen Leader	
10:30AM - 10:45AM	BREAK	
10:45AM - 12:15PM	BREAKOUT SESSIONS	
	HIGH SCHOOL - ROOM 248 A & B	MIDDLE SCHOOL - ROOM 247
10:45AM - 11:30AM	Ask the Allergist: Justin Greiwe, MD, Partner at Bernstein Allergy Group, Inc.	Becoming a Better Advocate - Engaging State and Federal Policymakers: Gary Riddle, Kaleo, Director of Government & Community Relations
11:30AM - 12:15PM	Becoming a Better Advocate - Engaging State and Federal Policymakers: Gary Riddle, Kaleo, Director of Government & Community Relations	Ask the Allergist: Justin Greiwe, MD, Partner at Bernstein Allergy Group, Inc.
12:15PM - 1:15PM	TEEN LUNCH: ROOM 134 & 136	
1:15PM - 1:45PM	Shuttle to Escape the Room	
2:00PM - 3:00PM	Escape the Room	
3:15PM - 3:45PM	Shuttle Back to the Hyatt Lodge Conference Center	
3:45PM - 4:00PM	TEEN GROUP PHOTO	
4:00PM - 5:00PM	TEEN Social Activity with Teen Leaders	
5:00PM - 7:30PM	DINNER - WITH YOUR PARENTS/CAREGIVERS & FRIENDS	
7:30PM - 9:30PM	<i>Teen Dance Party: Room 134 & 136</i>	
	<i>Parent's Social: Hyatt Lodge Hotel - Room 278 Foyer</i>	
SUNDAY, OCTOBER 30, 2022		
TIME	TEEN SCHEDULE - HYATT LODGE CONFERENCE CENTER: ROOM 248 A & B	
8:45AM - 9:00AM	TEENS REPORT TO BREAKOUT SESSION ROOMS	
9:00AM - 10:00AM	HIGH SCHOOL - ROOM 248 A & B	MIDDLE SCHOOL - ROOM 247
9:00AM - 9:30AM	How to Prepare for College: Ella Luiskutty, Teen Leader	Preparing for High School: Harper Madges, FAACT Advocate
9:30AM - 10:00AM	College Life: From Dorms & Dining Halls to Dining Out & Social Events: Ella Luiskutty, Teen Leader	Socializing Safely with Friends: Jonathan Barnhart, Teen Leader & Harper Madges, FAACT Advocate
10:00AM - 10:15AM	BREAK	
	JOINT SESSIONS - ROOM 248 A & B	
10:15AM - 10:45AM	Creating My Own Belonging Story: Aleasa Word, FAACT's VP of Diversity, Equity, & Inclusion	
10:45AM - 11:15AM	Joint Session to Reflect on the Weekend: Jonathan Barnhart, Teen Leader	
11:15AM - 11:30AM	BREAK	
	JOINT SESSION with PARENTS - ROOM 264 A & B	
11:30AM - 12:30PM	Teen & Parent/Caregiver Joint Session: Eleanor Garrow-Holding, FAACT President & CEO, & Ella Luiskutty, Teen Leader	
12:30PM - 12:45PM	Raffle Drawings	
12:45PM - 1:00PM	Closing Ceremonies	



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PARENT/CAREGIVER SCHEDULE

** TOPICS & SPEAKERS SUBJECT TO CHANGE **

FRIDAY, OCTOBER 28, 2022	
TIME	PARENT/CAREGIVER SCHEDULE - MEET IN HYATT LODGE LOBBY
9:45AM	MEET IN HYATT LODGE LOBBY for DAY ACTIVITY for TEENS & PARENTS/CAREGIVERS
10:00AM - 4:00PM	Shuttle to Oak Brook Shopping Center: Coffee & Socializing; Group Lunch at Maggiano's
TIME	PARENT/CAREGIVER SCHEDULE - HYATT LODGE CONFERENCE CENTER: ROOM 264 A & B
6:30PM - 7:00PM	REGISTRATION
7:00PM - 7:15PM	Welcome: Eleanor Garrow-Holding, FAACT President & CEO
7:15PM - 8:15PM	Keynote Speaker: Dewayne Hill, Nationally-Recognized Magician & Comedian
8:15PM - 8:30PM	Walk Teens to the Teen Social
8:30PM - 10:30PM	Teen Social: Hyatt Lodge Conference Center - Room 134/136
	Parent/Caregiver Meet & Greet: Hyatt Lodge Conference Center - Room 248 A/B
SATURDAY, OCTOBER 29, 2022	
TIME	PARENT/CAREGIVER SCHEDULE - HYATT LODGE CONFERENCE CENTER: ROOM 264 A & B
8:45AM - 9:00AM	REGISTRATION & CHECK IN YOUR TEENS
9:00AM - 9:30AM	The Latest News with FAACT: Eleanor Garrow-Holding, FAACT President & CEO
9:30AM - 10:15AM	Becoming a Better Advocate: Engaging State and Federal Policymakers: Gary Riddle, Kaleo, Director of Government & Community Relations
10:15AM - 10:30AM	BREAK
10:30AM - 11:30AM	Food Allergy Research Related to Teens: Justin Greiwe, MD, Partner at Bernstein Allergy Group, Inc., Clinical Assistant Professor of Medicine University of Cincinnati, & FAACT's Medical Advisor
11:30AM - 12:15PM	Dining Out with Food Allergies - Chef Keith Norman, South Point Hotel, Casino, & Spa and FAACT Board Member
12:15PM - 1:15PM	PARENT/CAREGIVER LUNCH - Room 278
1:15PM - 2:30PM	Accommodations from Middle School to College & Tips for Self-Advocacy: Amelia Smith, JD - FAACT's VP of Civil Rights Advocacy
2:30PM - 3:15PM	Inclusion Is a Family Legacy: Aleasa Word, FAACT's VP of Diversity, Equity, & Inclusion
3:15PM - 3:30PM	BREAK
3:30PM - 4:15PM	Coping Skills and Self-care: Ashley Ramos, Ph.D., Pediatric Psychologist
4:15PM - 5:00PM	Interactive Ways to Communicate with Your Teen & Manage His/Her Emotions: Ashley Ramos, Ph.D., Pediatric Psychologist
5:00PM - 7:30PM	DINNER - WITH YOUR TEENS & OTHER FAMILIES
7:30PM - 9:30PM	Teen Dance Party: Hyatt Lodge Conference Center - Room 134 & 136
	Parent/Caregiver Social: Hyatt Lodge Conference Center - Room 278 Foyer
SUNDAY, OCTOBER 30, 2022	
TIME	PARENT/CAREGIVER SCHEDULE - Room 264 A & B
9:00AM - 10:00AM	BREAKOUT SESSIONS
	HIGH SCHOOL - ROOM 264 A & B
	MIDDLE SCHOOL - ROOM 278
	Preparing for College Discussion - Moderator: Caroline Moassessi, FAACT VP of Community Relations
	Preparing for High School & Open Discussion - Moderator: Charity Luiskutty, FAACT-recognized Support Group Leader & Advocate
10:00AM - 10:45AM	The Young Adult's Perspective Open Q&A Panel: Jonathan Barnhart & Ella Luiskutty - FAACT Teen Retreat Leaders
10:45AM - 11:15AM	Traveling Abroad with Food Allergies: Ella Luiskutty, FAACT Teen Leader
11:15AM - 11:30AM	BREAK
JOINT SESSION with TEENS - ROOM 264 A & B	
11:30AM - 12:30PM	Teen & Parent/Caregiver Joint Session: Eleanor Garrow-Holding, FAACT President & CEO, & Ella Luiskutty, Teen Leader
12:30PM - 12:45PM	Raffle Drawings
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